

## BREAKFAST 8am to 12pm

<b>Toast with spreads</b> (sour dough, granary, gluten free+£1 ) (V)	
<b>French butter croissant</b> (V)	
<b>Mixed nuts and super seed granola</b> with Greek yoghurt & fresh fruit (N)(V)	
<b>Apple &amp; cinnamon porridge</b> with pecan & pumpkin seeds (N)	
<b>Black Dog mushrooms on toast</b> sautéed with cream & thyme (V)	
<b>Breakfast stack</b> Bacon, avocado, roasted tomato, baby spinach & feta (GF)	
add £1 for toast	
<b>Ham, quinoa &amp; new potato hash</b> with poached eggs, yoghurt & harissa dressing (GF)	
<b>Benedict eggs on sourdough + hollandaise</b> Poached eggs, sautéed kale, spinach (V)	
Poached eggs, spinach, ham	
Poached eggs, spinach, smoked salmon	
<b>Free range eggs</b> Scrambled or poached eggs on sourdough toast (V)	

## BREAKFAST SIDES

Fuller's sausage	£1.50
Fuller's smoked bacon	£2.00
Smoked salmon	£2.50
Sautéed kale or wilted spinach	£1.50
Avocado	£1.50
Grilled haloumi	£2.00
Oven roasted tomato	£1.00
Sautéed Mushrooms	£1.00
Chorizo	£2.50

## ALL DAY

<b>Toasted banana bread</b> with vanilla ricotta & honey (V)	£2.85	£4.00
<b>Sausage sandwich</b> on brioche bun with tomato & rosemary chutney	£2.85	£5.30
<b>BLT on brioche bun</b> with avocado & rocket	£5.00	£5.95
<b>Breakfast burger</b> pork burger, crispy bacon, avocado, & fried egg on brioche bun	£5.00	£8.95
<b>Mexican style scrambled eggs</b> with chorizo, spinach, lime and coriander salsa on sourdough toast	£5.25	£7.25
<b>Scrambled free range eggs</b> on sourdough toast (V)	£6.80	£4.60
<b>Vegan eggs</b> Scrambled tofu on sourdough toast with coriander (V)	£6.95	£4.50
<b>Smashed avocado(V)</b> with spring onion, chilli & coriander and poached egg on sourdough toast	£7.25	£7.00
<b>The Black Dog smashed pumpkin</b> with poached egg on granary, goats cheese, spinach & pumpkin seeds (V)	£4.60	£7.00
<b>ALL DAY SIDES</b>		
Pancetta		£1.00
Haloumi		£2.00
Smoked salmon		£2.50
Avocado		£1.50

## CHILDREN from 11.30am

Ham & cheese toastie	£3.95
Fish fingers & chips	£3.95

the Black Dog

## LUNCH from 12pm

<b>Soup</b> - see specials board (V)	£5.00
<b>Open club with breaded chicken</b> with ham, cheese, tomato & rosemary chutney on granary	£7.25
<b>Nourishing sushi bowl</b> Teriyaki cured salmon, sticky brown rice, Japanese omelette & mixed Japanese style vegetables	£9.80
<b>The Black Dog burger</b> Homemade beef burger, brioche bun, comté cheese, bacon, with sweet potato chips & red cabbage slaw	£9.80
<b>Super green salad bowl</b> with tender stem broccoli, courgette noodles, broad beans, mixed seeds, avocado & feta (V-GF)	£7.50
<b>Smoked chicken bowl</b> with wild rice, red lentils, rainbow chard, honey roast beetroot & bacon jam (GF)	£8.45

**Menu alterations are limited, especially during busy periods. We can't guarantee the absence of nuts & flour. Please inform us of any allergies before ordering.**

**V- Vegetarian N- Contains Nuts GF- Gluten free**